Episcopal Churches of
St. James' Stonehaven.
St. Philip's Catterline.
July2026

Services at St. James' during July 2026

Sundays.
10.00 am Holy Communion

Tuesdays
10.00 am Said Holy Communion

1st Wednesday of the month
7.00 pm Still @ 7. An opportunity to explore contemplative prayer/meditation within the Christian Tradition

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DIARY NOTES July 2026

Day/Date	Event
5th July 5th Sunday after Trinity	10.00 am Holy Communion Rev Canon Mary Jepp
12th July 6th Sunday after Trinity	10.00 am Holy Communion Rev Canon Mary Jepp
19th July 7th Sunday after Trinity	10.00 am Reserved Sacrament Mrs Anne O'Gorman
26th July 8th Sunday after Trinity	10.00 am Holy Communion Rev Canon Mary Jepp

From Mary,

Today as I sit to write this, I must say that I am a wee bit tired. I have just spent the last week at sea. And may I say it was no cruise. I think it is fair to say that blame for my exhaustion lies squarely at the feet of Mel Christie! Why, you might ask. Well a couple of Januarys ago he invited me to come and see the Stonehaven Sea Cadet Unit, TS Carron. I agreed and soon found myself in uniform and in the role of Chaplain. Moving ahead quickly, last week I had progressed in to the role of understudy Cook/ Coxswain on the TS Jack Petchey sailing with an adult crew of six and 12 cadets from various places around the UK. The voyage was from North Shields to Aberdeen.

On arrival, at the Petchey, uniforms were quickly put on and we, the crew, gathered to be welcomed aboard by our Captain. Introductions were made and expectations re. behaviour were clearly explained. Yes, he said there would be banter but there was never to be bullying and that primarily we were all to look out for each other. He said there would be moments in the week that lay ahead where individuals would struggle to get to grips with life at sea and that we were always to be mindful of others and to offer support as required. Over the week it was fascinating to see how the crew, both young and old, became a family, a real family, to see how a group of individuals would become caring comrades.

Although my primary role on this occasion was to be under-

study Cook\Coxswain. I was introduced as 'Bish' as this is what a Chaplain is known as in the Royal Navy, it is interesting and important, I think to note that a Chaplain in the Navy has no rank…you are the rank of the person you are speaking with. Primarily I was tasked with providing meals (may I say that I have never cooked so much bacon in my life!) but also as coxswain to have oversight of medicines, first aid, and the overall well being of the ship. What an opportunity it was to have conversations with so many people, young and old alike.

Now some of you may be thinking that 'she really shouldn't be galivanting around the seven seas, that she should be staying put in Stonehaven'. You might be saying what does this cooking lark have to do with being the priest in charge at St James….and those I think may…may be fair comments. However, in all this there is something about mission, there is something about making connections with individuals who know very little about love and care as we have come to know it as represented in our faith.

In the days afloat there were many conversations, not only with the cadets whilst sharing kitchen tasks, but with adult crew members as well. Conversations about the Episcopal Church, the role of a priest, about divorce, about learning difficulties, about the death of a parent, life at sea, gender, marriage, politics, education, immigration, home sickness, religion, dogs in heaven to name but a few…and I think all of those conversations in some way, in a very real way, actually represented how we are meant to represent the love of God in our world. In the back of my mind I remember an elderly priest saying to me as I approached ordination that we stand in the gap representing God to the world and the world to God. Mission, however, is not just the job of a priest, each

one of us is called to be a Christ bearer in the world outside church buildings and away from the Christians we live amongst.

So, it was quite a week, quite a steep learning curve in many ways….but perhaps most significantly it was a period of confirmation, of understanding the need for us to be open to the everyday opportunities for spreading the love of our Lord and Saviour Jesus Christ.

What a privilege it was to see individuals come to love and care for each other. What a privilege it was to sail accompanied by dolphins and see the underside of the Forth Bridges at sunset. How wonderful to remember the answer to the confirmation, question, "where is God?", the answer being, "God is everywhere"

I must admit there were moments when I thought to myself, "what have I got myself into?". However, it appears that I will take the pills (seasick tablets) and return to sea in the near future, firmly believing that it is in our encounters with others, of all ages, in all situations both within and outwith church and in our encounters with creation that we truly encounter God.

Christian Aid Soup and Sandwich Lunch

I am very grateful for the support shown at the Soup and Sandwich lunch held during Christian Aid Week.

The sum raised was £429.43 of which over £200 was gift aided.

Thanks to all the people who helped by making 3 delicious soups, setting up the hall, serving and clearing away.

Hopefully we can make it a yearly event.

Hilary Cooper

Church Flowers

There are going to be fresh flowers in the church to celebrate St James Patronal Festival at the end of July.

We will be in the church from 10am on Saturday 25th July to arrange the flowers. If anyone would like to help and/or bring flowers they would be very welcome. (Garden flowers or 'shop bought flowers' would be very welcome.)

Thank you, Val Cadd (Flower Convenor)

Departure

As you may know, Jane is leaving Stonehaven and returning to Glasgow to be nearer her family. Many people have asked her for the recipe of her ginger cake so, as a parting gift, here it is!

JANE'S CANADIAN GINGER CAKE.

4 large eggs	2 cups granulated sugar
1 cup veg oil	425g pureed pumpkin

Whisk all the ingredients together in a large bowl.

Sift the following ingredients together & add to the bowl.
Mix well together:

2 cups strong plain flour (bread flour) ½ teasp salt
2 teasp. baking powder 1 teasp. baking soda
2 teasp. ground cinnamon 2 teasp. ground ginger
½ teasp. ground cloves ½ teasp. ground nutmeg

Add 1 cup of sultanas or large seedless raisins and 1/2 cup of chopped glace or stem ginger and mix in. Pour into pan, 12" x 10" x 2" (mine is silicon so does not need lining) to give a 'low bake' or into two x 2lb or 3 x 1lb lined loaf tins.

Bake at 180 deg. C for 25 – 35 minutes, until a skewer comes out clean. Cool on a wire rack and ice once cold.

NB:
Do not use "good" bread flour but a cheaper brand with l ower protein eg Scoopamarket's works well.

425g cans of pumpkin puree are available on Amazon or around October in Sainsbury's. If a number of you wish to bake this cake, it would be cost effective to make a bulk order of the cans of pumpkin from Amazon.

Any dried fruit may be added eg cranberries, sour cherries or chopped apricots. Nuts may be substituted for the ginger eg chopped brazils, walnuts or pecans. You can use any combination of fruit and/or nuts or leave plain.
If not adding chopped ginger to the mix, the amount of dried ginger may be reduced to 1 tsp.
Be adventurous and experiment with ingredients!

Loaf can be left plain or topped with cream cheese frosting or

lemon icing .

Freezes well.

Jane Cook

Social Report

Can I start with a general thanks to those who help with the smooth running of all these activities. Also, to all those who help with donations be it monetary or raffles. It is all much appreciated.

We had the Stonehaven Chorus performing on the 24th May and also the Lomas Candlelit Concert on the 29th May. I believe the church looked amazing lit by the candles. The church received an income from both.

The Feein' Market was quieter than usual; however, our stall raised £524 in total.

The Rock Choir was great as per usual and the concert was well attended. The church raised £580 from ticket and raffle sales. A donation was also given to the Rock Choir's charity.

Future activities - keep your eyes peeled on the noticeboards and on the back of the pew sheet for more details.

July – Patronal Festival - Congregational Bring & Share (26th)
August – Aberdeen Chorus concert (28th)

Further ahead events so far:
September – Open doors weekend – Coffee Morning – 19th & 20th
September – Harvest Sunday Congregational Bring & Share – Sunday 27th
October – Harvest Thursday Afternoon Tea & Service in the hall – Thursday 1st
November – Rock Choir
December – Christmas Coffee Morning – Saturday 5th
December – Brass Band – Sunday 6th

Barbara

LITURGY OF ST JAMES (Let all mortal flesh keep silence)

As our Patronal Festival is this month it seems a good idea to look at the history of a hymn which we have often sung in St James.

The Liturgy of St James (*Let all mortal flesh keep silence*) is a eucharistic hymn and was taken from one of the early liturgies of the Greek Orthodox Church. The verses are based on part of the Liturgy of St James which dates from the fourth century. The text is thought to have been written by St James the Less, first Bishop of Jerusalem. It is based on a prayer chanted by the priest when the bread and wine are brought to the altar. The whole liturgy was translated into English by J M Neale and R F Littledale and published in 1868-69. Shortly afterwards Gerard Moultrie (1829-85) versified a section entitled '*Prayer of the Cherubic Hymn'* to form this hymn. It is Moultrie's translation which is found in most hymnbooks and Ralph Vaughan Williams set Moultrie's version to a French carol melody (Picardy) which probably dates from the seventeenth century.

John Mason Neale (1818 -1866) was an English Anglican priest, scholar and hymn writer. He worked on and wrote a wide range of holy Christian texts including obscure medieval hymns, both Western and Eastern. He appears in the Calendar of Saints with a feast day on 7th August. In 1840 Neale wrote to a friend of his 'general dislike of hymns'. He felt they encouraged a dangerous emotionalism and he particularly disliked the work of Isaac Watts. He was ordained in 1841. J M Neale was appalled when in the middle of the first evening service he took in 1842 the churchwarden climbed onto the altar to open the east window. The altar was often regarded as a convenient shelf for choir members' coats, hats and sticks.

In 1846 he became warden of Sackville College, an almshouse at East Grinstead, which he held until his death, eking out his existence on £27 per year. In 1854 he founded the Society of St Margaret, an order of women in the Church of England dedicated to nursing the sick. However, Protestants at the time were suspicious of the restoration of Anglican religious orders and in 1857 Neale was attacked and mauled at a funeral of one of the Sisters. Crowds threatened to stone him and burn his house. Neale was strongly high church in his sympathies and had to endure a great deal of opposition including a 14 years' inhibition by his bishop. For most of this period he was barred from administering the sacrament or saying the divine office by a bishop who disliked the 'spiritual haberdashery' involved in Neale's introduction of a rood screen and vested altar with cross and candlesticks in the chapel where he was warden.

He is best known as a hymn writer and translator from Latin and Greek. For example, the melody of *Good King Wenceslas* originates from a medieval Latin springtime poem. He made English speaking congregations aware of the centuries old tradition of Latin, Greek, Russian and Syrian hymns. The 1875 edition of Hymns Ancient and Modern contains 58 of his translated hymns, The English Hymnal (1906) contains 63.

In Our Hymnbook hymns translated/written by J M Neale are:

A Great and Mighty Wonder (4)
All Glory Laud and Honour (14)
Before the Ending of the Day (61)
Christ is made the sure Foundation (97)
Come ye Faithful, Raise the Anthem (131)
Come ye Faithful, Raise the Strain (132)
Creator of the Starry Height (135)
Finished the Strife (173)
Good Christians all, Rejoice (240)
Good King Wenceslas (242)
Jerusalem the Golden (340)
Jesus Good Above All Other (350)
Light's Abode, Celestial Salem (398)
Now, my Tongue, the Mystery Telling (473)
O Come, O Come, Emmanuel (480)
Of the Father's Heart Begotten (486)
O Happy Band of Pilgrims (497)
O Trinity, Most Blessed Light (542)
O What Their Joy and Their Glory Must Be (550)
Sing, My Tongue, the Glorious Battle (602)
The Day of Resurrection (637)
The Eternal Gifts of Christ the King (639)
The Royal Banners Forward Go (663) (ctd)

To the Name of Our Salvation (698)

NB: *Let All Mortal Flesh Keep Silence* is listed under G Moultrie although J M Neale was responsible for the original translation.

References

Book of Hymns by Ian Bradley
Wikipedia
Abide with Me by Ian Bradley

Diane

25th July - St James the Great—Our Patron Saint

Jesus, fresh from His baptism and fired with His new calling, bursts into Galilee. Coming upon four fishermen working on the shore of the lake, He says to them, 'Follow Me'.

Without further ado or even a second thought, they abandon what they're doing (and in the case of two of them, James and John, leave their poor old father alone in the boat with the hired crew), and set off with Jesus, they know not where. That is how Mark's Gospel records the recruitment of four of the apostles of Jesus. Talk about a sudden change of life!

All our understanding of human behaviour tells us that this is not how people normally respond to such a peremptory invitation: no questions, no explanation. Take it or leave it. Just 'Follow me'.

That however is on a superficial reading of the text. In fact, because we have four Gospels rather than just three, we know from John that one pair of brothers, James and John, and the

other two called on the same day, had been disciples of John the Baptist, who had pointed Jesus out to them as the 'Lamb of God who takes away the sin of the world'.

Subsequently two of them had sought Him out and spent some time with Him in the Jordan area. This was not quite the instant 'conversion' described by Matthew and Mark, though undoubtedly it evoked an instant response.

For many of us on the journey of faith the experience of James and John - and the other two, Peter and Andrew - mirrors our own experience. First, we know about Jesus, perhaps as children at Sunday school, or later as adults. Then we begin to ask questions and look for answers. Finally, there may come a time when we hear His voice, as it were, calling us to accompany Him on a life of love, service and commitment.

For James this moment was to turn his whole life upside down. He became a leader of the church in Jerusalem after the resurrection and was the first apostle to be martyred, being put to the sword by Herod Agrippa in 44AD. His brother John, in contrast, lived on as a senior figure in the life of the emerging Church.

For all four who were called by the lake that day, nothing would ever be quite the same again. But then all those who set out to follow Jesus wherever He leads them are usually in for a few surprises.

Readers and Greeters

Date	Readings
5th July 5th Sunday after Trinity	Gen 24.34-38,42-49,58-67 Ps 45.11-18 or S of S 2.8-13 Ro 7.15-25a Mt 11.16-19,25-30
12th July 6th Sunday after Trinity	Gen 25.19-34 Ps 119.105-112 Ro 8.1-11 Mt 13.1-9,18-23
19th July 7th Sunday after Trinity	Gen 28.10-19a Ps 139.1-11,22-23 Ro 8.12-25 Mt 13.24-30,36-43
26th July 8th Sunday after Trinity	Gen 29.15-28 Ps 105.1-11,(45b) or 128 Ro 8.26-39 Mt 13.31-33,44-52

Year A – Readings are from the NRSV of the Bible

Greeter	Lessons 1+2	Coffee
Irene Paterson	Irene Paterson	Paula Fogiel
Diana Peters	Diana Peters	Diane Fleming
Ian Wilson	Ian Wilson	Natalie Easton
Hilary Cooper	Hilary Cooper	Richard Clark

St James', Stonehaven and St Philip's, Catterline

Priest in Charge: Rev. Canon Mary Jepp
Vestry Secretary: Anne O'Gorman
Phone: 01569 762917 (for pastoral matters)
01569 764473 (for other enquiries)

GROUP CONVENORS	
Property	Paula Fogiel, Peter Fogiel and Mike Jepp
Communication	Peter Sharp
Social and Fund-Raising	Paula Fogiel, Anne O'Gorman & Jane Cook
Flowers	Val Cadd
Lay Reader emeritus	Arma Iles
Weekly Pew Sheet	Diana Peters
Hall Management	Paula Fogiel
Protection of Vulnerable Groups Officer	Irene Paterson
Vestry	Rev. Canon Mary Jepp

The copy deadline for the next Newsletter is Sunday 26th July 2026.
Reminders will not be sent out.

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St Philip's Episcopal Church, Catterline Scottish Registered Charity No. SC023282